

MOON CHART 2006

In all meditation it is of value for the student to remember that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.

Wisely utilizing newly acquired energies keeps inflowing and outflowing channels open and prevents emotional, mental and psychical congestions which may otherwise be experienced, with their accompanying physical consequences.

Table of new and full moons for the twelve months of 2006:

				<i>UNITED STATES STANDARD TIME</i>					
<u>2006</u>	<u>EST</u>			<u>Eastern</u>	<u>Central</u>	<u>Mountain</u>	<u>Pacific</u>	<u>GREENWICH MEAN TIME</u>	<u>GMT Day</u>
	<u>Day</u>	<u>Moon</u>	<u>Sign</u>						
Jan	14	Full	Cap	4:49am	3:49am	2:49am	1:49am	9:49am	14
Jan	29	New	Aqu	9:16am	8:16am	7:16am	6:16am	2:16pm	29
Feb	12	Full	Aqu	11:45pm	10:45pm	9:45pm	8:45pm	4:45am	13
Feb	27	New	Pisc	7:32pm	6:32pm	5:32pm	4:32pm	12:32am	28
Mar	14	Full#	Pisc	6:37pm	5:37pm	4:37pm	3:37pm	11:37pm	14
Mar	29	New#	Ari	5:16am	4:16am	3:16am	2:16am	10:16am	29
Apr	13	Full	Ari	11:41am	10:41am	9:41am	8:41am	4:41pm	13
Apr	27	New	Tau	2:45pm	1:45pm	12:45pm	11:45am	7:45pm	27
May	13	Full	Tau	1:52am	12:52am	11:52pm*	10:52pm*	6:52am	13
May	27	New	Gem	12:27am	11:27pm*	10:27pm*	9:27pm*	5:27am	27
Jun	11	Full	Gem	1:04pm	12:04pm	11:04am	10:04am	6:04pm	11
Jun	25	New	Can	11:06am	10:06am	9:06am	8:06am	4:06pm	25
Jul	10	Full	Can	10:03pm	9:03pm	8:03pm	7:03pm	3:03am	11
Jul	24	New	Leo	11:32pm	10:32pm	9:32pm	8:32pm	4:32am	25
Aug	9	Full	Leo	5:55am	4:55am	3:55am	2:55am	10:55am	9
Aug	23	New	Vir	2:11pm	1:11pm	12:11pm	11:11am	7:11pm	23
Sept	7	Full#	Vir	1:43pm	12:43pm	11:43am	10:43am	6:43pm	7
Sept	22	New#	Vir	6:46am	5:46am	4:46am	3:46am	11:46am	22
Oct	6	Full	Lib	10:14pm	9:14pm	8:14pm	7:14pm	3:14am	7
Oct	22	New	Lib	12:15am	11:15pm*	10:15pm*	9:15pm*	5:15am	22
Nov	5	Full	Sco	7:59am	6:59am	5:59am	4:59am	12:59pm	5
Nov	20	New	Sco	5:19pm	4:19pm	3:19pm	2:19pm	10:19pm	20
Dec	4	Full	Sag	7:26pm	6:26pm	5:26pm	4:26pm	12:26am	5
Dec	20	New	Sag	9:02am	8:02am	7:02am	6:02am	2:02pm	20

NOTE: When and where **Daylight Saving Time** is in use, **add one hour** to the above times. (#) indicates eclipses of the sun at the new moon and of the moon at the full moon. An asterisk (*) indicates pm of the day previous to the day stated in the column for Eastern Standard Time.

The full moons of the three Spiritual Festivals will be observed worldwide on the following days: *EASTER* on April 13th; *WESAK* on May 12th; and *CHRIST'S FESTIVAL* and *WORLD INVOCATION DAY* on June 11th. **Check locally for the actual day of the festival meetings**, which may vary from the date of the full moon.

KEYNOTES FOR THE DISCIPLE

<u>ARIES:</u>	I come forth and from the plane of mind, I rule.
<u>TAURUS:</u>	I see and when the eye is opened, all is light.
<u>GEMINI:</u>	I recognise my other self and in the waning of that self, I grow and glow.
<u>CANCER:</u>	I build a lighted house and therein dwell.
<u>LEO:</u>	I am That and That am I.
<u>VIRGO:</u>	I am the mother and the child. I, God, I, matter am.
<u>LIBRA:</u>	I choose the way which leads between the two great lines of force.
<u>SCORPIO:</u>	Warrior I am and from the battle I emerge triumphant.
<u>SAGITTARIUS:</u>	I see the goal. I reach that goal and then I see another.
<u>CAPRICORN:</u>	Lost am I in light supernal, yet on that light I turn my back.
<u>AQUARIUS:</u>	Water of Life am I, poured forth for thirsty men.
<u>PISCES:</u>	I leave the Father's home and turning back, I save.

These keynotes for the disciple may be used in sequence as the seed thought for the meditation work done each month at the time of the full moon.